

Join your friends in recovery for a FRIENDS OF BOB, BILL, & LOIS RECOVERY CONFERENCE

exploring: alcohol is but a symptom

GUEST SPEAKER: Tennie M



JANUARY 9 - 19, 2026

Prices Starting at: \$958-\$1659

per person, based on double occupancy

CRUISE DEPOSIT: \$250-\$400

NON-REFUNDABLE ADMIN FEE: \$275 Both due at time of booking per person









BOOK NOW: travelsober.com (805) 927-6910 inthislife@aol.com

PRICE RANGES (and upgrades available):

- Discounted Prices starting at: \$958-\$1659
- Mini Suites and Suites available upon request

DUE AT TIME OF BOOKING PER PERSON:

Cruise Deposit: \$250-\$400

Non-refundable Admin Fee: \$275

ABOUT THE SPEAKER



Tennie M is one of our favorite presenters. She is a member of several programs, including AA, ACA, OA, and more. Tennie is one of the foremost experts in treating addiction to behaviors and substance, especially food. She is the author of *Shades of Hope: A Program to Stop Dieting and Start Living* and has been featured on Oprah Winfrey Network's series "Addicted to Food."

DATE	DESTINATION	ARRIVE	DEPART
Day 1 F 1/9	Los Angeles, CA		3:00 PM
Day 2 SA 1/10	At Sea		
Day 3 SU 1/11	Cabo San Lucas, Mexico	1:00 PM	
Day 4 M 1/12	Cabo San Lucas, Mexico		5:00 PM
Day 5 TU 1/13	La Paz, Mexico	8:00 AM	5:00 PM
Day 6 W 1/14	Loreto, Mexico	7:00 AM	5:00 PM
Day 7 TH 1/15	At Sea		
Day 8 F 1/16	Puerto Vallarta, Mexico	8:00 AM	5:00 PM
Day 9 SA 1/17	At Sea		
Day 10 SU 1/18	At Sea		
Day 11 M 1/19	Los Angele, CA	6:15 AM	

ABOUT IN THIS LIFE/TRAVEL SOBER

We have been privileged to provide sober travelers a safe place to enjoy each other's company, experience great speakers and workshop leaders while enjoying all the benefits of cruise and land vacations with like-minded people.

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